

Ontario Curriculum	Stereotype Busters Sessions	
Language Arts	Week 1	<p><u>Introduction to Stereotypes</u> Goal: Learn the definition of a stereotype Goal: Explore the difference between facts and opinions Goal: Understand the link between stereotypes and bullying/harassment/unhealthy relationships</p>
Social Studies	Week 2	<p><u>Gender Stereotypes & The Media</u> Goal: Identify common gender stereotypes Goal: Explore how the media reinforces stereotypical messages to society Goal: Become aware of the impact that gender stereotypes have on individuals and their relationships</p>
Health	Week 3	<p><u>Media Literacy</u> Goal: Examine the difference between media messages and reality Goal: Explore how media messages can impact an individual's feelings and behaviours Goal: Learn and practice ways to build media literacy skills</p>
Canada: A Changing Society	Week 4	<p><u>Self-Esteem</u> Goal: Explore the concept of self-esteem Goal: Examine the impact that stereotypes and media messages have on self-esteem Goal: Increase students' self-esteem by acknowledging personal skills, attributes, and strengths</p>
Media Literacy	Week 5	<p><u>Stereotypes & Relationships</u> Goal: Examine the characteristics of healthy and unhealthy relationships Goal: Explore how stereotypes contribute to unhealthy relationships Goal: Discuss ways to make classroom relationships healthier</p>
Oral and Written Communication	Week 6	<p><u>Discrimination</u> Goal: Learn the definition and impact of discrimination Goal: Explore the connection between stereotypes, discrimination and unhealthy relationships Goal: Identify ways to reduce discrimination</p>
Interactions and Interdependence	Week 7	<p><u>Standing Up to Stereotypes</u> Goal: Explore the different styles of communication Goal: Explore verbal and non-verbal communication techniques Goal: Learn and practice how to stand up for themselves and others in an assertive manner</p>
Personal Safety and Injury Prevention	Week 8	<p><u>Belonging</u> Goal: Learn the definition of belonging and the feelings associated with belonging Goal: Explore how students can create an atmosphere of belonging in their classroom Goal: Provide student affirmation and closure to the program</p>
Art & Drama		
Growth and Development		