

(Prepared for community use: September 2022)

Service	Location	Support	Contact
For immediate counselling support, resource support and community linkages/referrals	Phone, email, text	Everyone	1-800-265-9178 519-941-4357 (HELP) 905-587-4357 (HELP) Text: 519-278-9178 Email: support@familytransitionplace.ca Text and email options not monitored 24/7
<ul> <li>Emergency Shelter</li> <li>A safe and comfortable place to stay for women and their children in self-contained units</li> <li>Each unit has its own bed(s), kitchenette, bathroom and TV area with a bed, Wifi, cable and a phone</li> <li>Food and essentials are provided</li> </ul>	20 Bredin Parkway Orangeville, ON L9W 4Z9 Transportation available from Bolton and Shelburne	<ul> <li>Women or those who identify as women</li> <li>16 years and older</li> </ul>	1-800-265-9178 519-941-4357 (HELP) 905-587-4357 (HELP) Text: 519-278-9178 Email: support@familytransitionplace.ca Text and email options not monitored 24/7
<ul> <li>Housing, Legal &amp; Transitional Support Services</li> <li>Support is available throughout Caledon and Dufferin to women who have experienced any form of abuse or are experiencing housing instability</li> <li>Information and support on housing resources in the community</li> <li>Strategies to maintain current housing</li> <li>Information and support to navigate the family and criminal legal system</li> </ul>	Appointments available in Bolton, Shelburne and Orangeville	<ul> <li>Women or those who identify as women</li> <li>16 years and older</li> </ul>	1-800-265-9178 519-941-4357 (HELP) 905-587-4357 (HELP)
<ul> <li>Woman Abuse Counselling Services</li> <li>Exploring positive ways to overcome abuse-related trauma to develop healthy coping strategies through 50-minute counselling sessions (in person and virtual)</li> <li>Support related to intimate-partner violence and historical childhood abuse</li> <li>Group counselling also available</li> </ul>	Appointments available in Bolton, Shelburne and Orangeville	<ul> <li>Women or those who identify as women</li> <li>16 years and older</li> </ul>	1-800-265-9178 519-941-4357 (HELP) 905-587-4357 (HELP)







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Support for women in lessening the consequences of substance use through counselling     Assistance to access treatment centres also offered     Provide substance use education, safety planning and appropriate community referrals	Appointments available in Bolton, Shelburne and Orangeville	<ul> <li>Women or those who identify as women</li> <li>16 years and older</li> </ul>	1-800-265-9178 519-941-4357 (HELP) 905-587-4357 (HELP)
<ul> <li>Support to those who reside in Rural Dufferin County</li> <li>Provide abuse education, counselling support, safety planning and appropriate community referrals</li> <li>Staff are mobile, providing an opportunity to meet women in safe locations; also have the capacity to provide virtual support</li> </ul>	Appointments available in Shelburne (Mel Lloyd Centre) and where safe for clients in North Dufferin	<ul> <li>Women or those who identify as women</li> <li>16 years and older</li> </ul>	1-800-265-9178 519-941-4357 (HELP) 905-587-4357 (HELP) 519-278-4360
Sexual Violence Counselling Services  Client-centred counselling for survivors of sexual violence  Mobile crisis worker provides immediate and on-location support to survivors of sexual violence (Mon-Fri, 10 a.m6 p.m.)  Counselling (in person and virtual) for family, friends and partners of those who have been subjected to sexual violence  Therapeutic group counselling	Appointments available in Bolton, Shelburne and Orangeville	<ul> <li>Any person who has been subjected to sexual violence</li> <li>Age 16 years and older</li> <li>Community engagement available to all community partners, businesses and institutions within Caledon, Bolton and Dufferin County</li> </ul>	1-800-265-9178 519-941-4357 (HELP) 905-587-4357 (HELP)







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Sexual Violence Community Engagement     Education/training/workshops to increase awareness and understanding of the various forms of sexual violence and supports/services available     Facilitator of sexual assault peer support group(s) in planning	Caledon, Bolton and Dufferin County	Available to all community partners, businesses, institutions within Caledon, Bolton and Dufferin County	1-800-265-9178 519-941-4357 (HELP) 905-587-4357 (HELP) 519-940-1695 – Barbara Mason
<ul> <li>Support Within Housing</li> <li>Staff work closely with women who have experienced trauma due to abuse, and who are also managing moderate to severe mental health issues</li> <li>Housing units have been provided by our partner organization, Services and Housing in the Province (SHIP)</li> <li>Program includes a Drop-In Centre (currently closed due to COVID) for those struggling to maintain housing, or who find themselves precariously housed</li> </ul>	Appointments available in Dufferin and Caledon	<ul> <li>Women or those who identify as women</li> <li>16 years and older</li> </ul>	1-800-265-9178 519-941-4357 (HELP) 905-587-4357 (HELP)
<ul> <li>Integrated Crisis Support</li> <li>Mobile crisis counsellor (Mon-Fri, 10 a.m6 p.m.) attends calls in community with community partners in relation to domestic and sexual violence and mental health and addictions crisis</li> <li>Works in partnership with CMHA and DCAFS, SHIP, HHCC, OPP, PAARC and EveryMind</li> </ul>	Available for support throughout Dufferin County and Caledon	All individuals 16 years and older	1-800-265-9178 519-941-4357 (HELP) 905-587-4357 (HELP) Text: 519-278-9178 Email: support@familytransitionplace.ca Text and email options not monitored 24/7
<ul> <li>Community Homeless Outreach</li> <li>Identify and provide mobile support to homeless individuals and individuals who are on the By-Name list needing crisis support</li> <li>Works with other social service providers in the community to build effective support network for people impacted by homelessness, mental health and addictions</li> </ul>	Available for support throughout Dufferin County	All individuals 16 years and older	1-800-265-9178 519-941-4357 (HELP) 905-587-4357 (HELP)







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Service	Location	Support	Contact
<ul> <li>Parent and Child Support</li> <li>Brief counselling (6-8 sessions) available to support youth and children impacted by witnessing domestic violence</li> <li>Collaborative support is available to mothers as they support children</li> <li>Group counselling is also available</li> </ul>	Appointments available in Bolton, Shelburne and Orangeville	Children impacted by domestic violence ages 0-19 years old	1-800-265-9178 519-941-4357 (HELP) 905-587-4357 (HELP) 519-940-1780



