



family
transition
place

I AM: Tell us about yourself!

Pick the answer that best reflects your feelings about each statement below.

| | Strongly Disagree | Disagree | Neutral | Agree | Strongly Agree |
|--|-------------------|----------|---------|-------|----------------|
| I understand what healthy relationships look like. | 1 | 2 | 3 | 4 | 5 |

| | Strongly Disagree | Disagree | Neutral | Agree | Strongly Agree |
|---|-------------------|----------|---------|-------|----------------|
| In general, you are satisfied with yourself. | 1 | 2 | 3 | 4 | 5 |
| At times you think you are no good at all. | 1 | 2 | 3 | 4 | 5 |
| You feel you have a number of good qualities. | 1 | 2 | 3 | 4 | 5 |
| You can do things as well as most other people. | 1 | 2 | 3 | 4 | 5 |
| You feel you do not have much to be proud of. | 1 | 2 | 3 | 4 | 5 |
| You feel useless at times. | 1 | 2 | 3 | 4 | 5 |
| You feel that you are at least as good as other people. | 1 | 2 | 3 | 4 | 5 |
| You wish you could have more respect for yourself. | 1 | 2 | 3 | 4 | 5 |
| Sometimes you think of yourself as a bad person. | 1 | 2 | 3 | 4 | 5 |

| | None of the time | A little of the time | Some of the time | A lot of the time | Most of the time | All of the time |
|---|------------------|----------------------|------------------|-------------------|------------------|-----------------|
| I think I am doing pretty well | 1 | 2 | 3 | 4 | 5 | 6 |
| I can think of many ways to get things in life that are most important to me. | 1 | 2 | 3 | 4 | 5 | 6 |
| I am doing just as well as other kids my age. | 1 | 2 | 3 | 4 | 5 | 6 |
| When I have a problem, I can come up with lots of ways to solve it. | 1 | 2 | 3 | 4 | 5 | 6 |
| I think the things I have done in the past will help me in the future. | 1 | 2 | 3 | 4 | 5 | 6 |
| Even when others want to quit, I know I can find ways to solve the problem. | 1 | 2 | 3 | 4 | 5 | 6 |

| What was your experience in this program? <i>Please rate your agreement with each statement below.</i> | Strongly disagree | Disagree | Neutral | Agree | Strongly agree |
|---|-------------------|----------|---------|-------|----------------|
| Program staff are respectful, supportive, and welcoming. | 1 | 2 | 3 | 4 | 5 |
| Overall, I have had a good experience in this program. | 1 | 2 | 3 | 4 | 5 |
| The information provided (to me) has been helpful. | 1 | 2 | 3 | 4 | 5 |
| What is the most important thing that you learned in this program? Why? <hr/> <hr/> <hr/> | | | | | |
| What would you change about this program? <hr/> <hr/> <hr/> | | | | | |