

Rural Response Program



Our FREE Rural Response Program will provide safety, support and hope by reducing barriers to service for women living in the rural communities of Dufferin.

This program offers:



Confidential and nonjudgmental counselling



Mobile and/or in-office crisis support



Ways to feel safe and have healthy relationships

*Icons made by Freepik from www.flaticon.com

- Have you or someone you know ever been...
- Afraid of someone you love?
- Shamed or intimidated by someone you love?
- Forced to have sex?
- Not allowed to have money?
- Worried about your safety or the safety of family members?
- Distressed about being abused in the past?
- Looking for ways to cope?



Our counsellors can provide you with:

- Confidential and non-judgemental support
- · Ways to feel emotionally, sexually and physically safe
- Paths to build healthier relationships
- Strategies for developing coping skills
- Help with making personal changes to improve your quality of life

We can help.

Shelburne Office (by appointment)
Mel Lloyd Centre,167 Centre Street, Entrance A
admin@familytransitionplace.ca

519-278-4360 (phone/text) 24 hour support line: **1-800-265-9178**







