

A New Day

Beginning

November 2

A therapeutic counselling
group for women



Understand why the harmful effects of sexual abuse don't have to last forever. Discover your courage, strength and voice in this 5-session group.

5-week *virtual* group
Tuesdays | November 2–30
10:00 a.m.–11:30 a.m.



Call to register:
Family Transition Place
519-941-4357 | 905-584-4357