Have you or someone you know ever been...

- Frightened by a partner's irritability, jealousy or anger?
- Intimidated or humiliated in public or private by "put-downs", criticism or vulgar comments?
- Forced to have sex when you didn't want to?
- Refused money for rent, food, medicine or bills?
- Concerned for your safety or the safety of other family members?
- Distressed about being abused in the past?







Are you...

- Looking for ways to feel emotionally, sexually or physically safe?
- Wondering how to build healthier relationships?
- Hoping to make personal changes to improve the quality of your life or your relationships?
- Are you a school or educator seeking info about bullying, gender stereotyping and violence prevention strategies?

We can help. Call any one of these numbers: 519-941-4357 • 905-584-4357 1-800-265-9178

Family Transition Place

20 Bredin Parkway Orangeville, ON L9W 4Z9 Serving the Dufferin and Caledon communities.

24-hour support line 519-941-4357 • 905-584-4357 1-800-265-9178 • fax 519-942-8243

www.familytransitionplace.ca

Counselling available in Bolton, Orangeville and Shelburne.

Family Transition Place is a not-for-profit agency. Financial support is appreciated. Registered charitable number: BN107376378RR0001





Safety. Support. Hope. Building healthier communities – one relationship at a time.

SHELTER

COUNSELLING

COMMUNITY INITIATIVES

Emergency Shelter

Safe, secure shelter and support for women, with or without children, who are experiencing abuse or homelessness.

Emergency Transportation

Emergency transportation to access the shelter and counselling.



Safety Planning Practical support to help women develop a safety plan for themselves and their children.

Second Stage Housing

Supportive temporary housing to help with the transition to independent living.

Support Within Housing

Support for women who have experienced trauma due to abuse who are also managing moderate to severe mental health issues while struggling to find or maintain housing, or who are precariously housed.



24-Hour Support Line

Non-judgmental and supportive counsellors are available to provide support and information.

Individual and Group Counselling

Clinical counsellors provide confidential, supportive, and non-judgmental counselling by guiding women to develop skills and strategies to deal with the impact of abuse.

Counselling for Sexual Assault Survivors

Clinical counsellors are available to help women and men, 16 years and older, understand and work through the impact of recent or historical sexual abuse.

Transitional Support

Practical assistance, support and referrals in the areas of housing, legal, education, employment, budgeting, goal setting, and safety planning.

Women Changing Paths

Supportive and non-judgmental counselling for women that are dealing with opiate/ substance misuse, including women who are pregnant and/or parenting. Awareness, education, and consultation on the issues of substance use are offered.

Workshops for Women

Discover strengths, learn new skills and help regain control of your life.

Children's Services

Workshops and counselling for children who have witnessed woman abuse. Childcare available for appointments.

Men's Services

Support and referrals are available via the Support Line for men who have been involved with or impacted by family violence.

Youth Education Programs

Inter-active school-based and community multilesson programs covering a wide range of topics including building healthy relationships, increasing self-esteem and promoting acceptance.



Community Awareness

Presentations, Public Awareness Campaigns and Community Capacity Building initiatives geared to increase awareness of violence against women and the need to end it.



Rural Response Program

The Rural Response Program reduces barriers by providing service to underserved women living in the rural communities of Dufferin/Caledon.

This program operates out of our Shelburne office, by appointment only.

Please call 519-278-4360 for more information.