

# Rural Response Program



Our Rural Response Program will provide safety, support and hope by reducing barriers to service for women living in the rural communities of Dufferin.

This program offers:



Confidential  
and non-  
judgmental  
counselling



Mobile  
and/or  
in-office  
crisis support



Ways to  
feel safe and  
have healthy  
relationships

\*Icons made by Freepik from [www.flaticon.com](http://www.flaticon.com)

## Safety. Support. Hope.

Building healthier communities – one relationship at a time.

Have you or someone you know ever been...

- Afraid of someone you love?
- Shamed or intimidated by someone you love?
- Forced to have sex?
- Not allowed to have money?
- Worried about your safety or the safety of family members?
- Distressed about being abused in the past?
- Looking for ways to cope?



Our counsellors can provide you with:

- Confidential and non-judgemental support
- Ways to feel emotionally, sexually and physically safe
- Paths to build healthier relationships
- Strategies for developing coping skills
- Help with making personal changes to improve your quality of life

## **We can help.**

Shelburne Office (by appointment)  
Mel Lloyd Centre, 167 Centre Street, Entrance A  
admin@familytransitionplace.ca  
**519-278-4360** (phone/text)  
24 hour support line: **1-800-265-9178**



This project has been funded by



Women and Gender  
Equality Canada

Femmes et Égalité  
des genres Canada

