



Lani Elliott grew up in foster care in the small town of Abernethy, Saskatchewan. As a child, she dreamed of working in law enforcement, and at the age of 19, joined the RCMP as a special constable, hoping to one day become a regular member of the police force. Unfortunately, Lani's dreams were shattered when her marriage ended in an unspeakable act of violence that left her with broken legs, homeless, and with two small children to raise on her own.

Although starting over was not easy, Lani managed to rebuild her life for the sake of her sons. With the help of various shelters and organizations, Lani was determined to end the cycle of violence so that she and her children could live happy, fulfilling lives. Today, Lani is an accomplished motivational speaker and travels all over North America, sharing her message of hope and inspiring positive change in those who may be struggling with the many issues related to domestic violence and sexual violence, including self-worth, and positive mental health. Lani is passionate about giving back to her community, and is involved with several different charities throughout the city of Regina. Her past accomplishments include working as the Co-Director of International Indigenous Fashion Week Inc., as well as a freelance photographer, a writer and copy editor for RezX Multimedia Inc., and Co-Producer/Director and Lead Actress for the Regina production of *The Vagina Monologues*®, the internationally acclaimed play that not only raises awareness regarding violence against women, but also empowers women who are affected by violence. Lani's own, personal story and poetry have been featured in *Macleans Magazine*, and has also been featured in three separate documentaries, including "The War at Home" by award winning film maker, Shelley Saywell.

Currently, Lani's passion involves giving presentations to young people in schools regarding healthy vs. unhealthy relationships, because she strongly believes in the idea that prevention is better than having to deal with the alternative, and lives with the philosophy that we need to be whom we needed when we were younger, and hopes that through her work, one less person will experience violence in their life.