

our PROGRAMS

Healthy relationship research shows that having healthy relationships builds self-esteem, improves mental and emotional health, and helps people live a fuller life.* Since 2001, FTP has reached thousands of kids through our Youth Education programs. These interactive and engaging programs strive to teach youth the importance of healthy, respectful relationships that are free of violence.

These programs are largely funded by fundraised dollars, and the pricing below reflects a minimal cost recovery model. By investing in our programs, you are making a difference in the lives of your students.

¹ thenationshealth.aphapublications.org/content/41/2/20.full



School Based Programs

\$575/8 lessons



Grade 5



This program explores the link between stereotypes, discrimination, intolerance and bullying. Students learn and practice skills to facilitate behaviour change.



Grade 6



Students explore and practice the use of empathy to build healthy relationships. Students examine key issues that empathetic behaviour can assist with, including divorce, death and bullying.



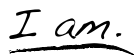
Grade 7



This program promotes personal safety through development of healthy relationships. Students learn to build and maintain healthy relationships through effective communication, emotional self-regulation and the safe use of communications technology.



Grade 8



Examines the importance of having a positive personal image through the use of self-esteem building activities. Students will explore topics that can impact an individual's self-esteem and how that can affect daily decisions.



Assembly Style Presentations

Assembly style presentations.
Subject matter flexible to meet school needs.

\$1,000-1,500

(depending on number of students and customization)

After School Programs



Small Groups

My World is one of our most popular programs. Approximately 8-10 students gather to discuss social issues or problems they are experiencing. This type of group provides learning that helps achieve a positive personal image, as well as independence through responsible decision making and problem solving.

8 weeks | contact agency for pricing



Media and Its Impact on Youth

Parent Workshops

These one-hour workshops can be done on a wide range of relationship-based topics:

- Bullying
- Social media
- Mainstream media (e.g., TV, music, video games)
- Building empathetic children

Choose to offer this to your parent council or open it up to parents in assembly style format. *More info is available upon request.*

\$575 | one hour presentation

Have questions? Please contact Lynette Pole-Langdon at 519.942.4122 x 234.

Ready to book? Payment required at time of booking. Credit card or cheque are accepted forms of payment. Please register online at www.familytransitionplace.ca.

Safety. Support. Hope.

Building healthier relationships – one student at a time.