



# journey to healing

Women supporting women.



**Call to register:**

519-941-4357 or 905-584-4357

24-Hour Crisis/Info Line: 1-800-265-9178

beginning

**Sept 18, 2017**

10 weeks | 10:00 am-11:30 am

Free support for  
women who have experienced  
woman abuse.

## JOURNEY TO HEALING GROUP

Discover your strength, courage and voice in this 10 session, safe, supportive group environment. Understand why the harmful effects of abuse don't have to last forever. Register early to reserve your spot.

